

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 New Year's Day	8:30 Daily Chronicle 2 9:30 Sit n Be Fit w/Refreshments 10:00 Music w/Carol 3:00 Pet Therapy w/Carol & Fury Friends	8:30 Daily Chronicle 3 9:30 Sit n Be Fit w/Refreshments 10:00-3:00 Care Plans 3:30 Touch Down Tailgating Party!	8:30 Daily Chronicle 4 9:30 Sit n Be Fit w/Refreshments 10:30 Cooking Class-Oatmeal Cookies 2:00-4:00 Movie Matinee & Snacks	8:30 Daily Chronicle 5 9:30 Sit n Be Fit w/Refreshments 10:00 Arts n Crafts-Bird Houses 2:00-4:00 Birthday Bash w/Kevin Motsinger	8:30 Daily Chronicle 6 9:30 Sit n Be Fit w/Refreshments 10:30 Worship & Communion 2:00-4:00 National Mr. Bean & Hummus Day-Movie	10:00 Hallmark Movies
10:00 Joel Osteen Ch.11- Activity Room	8:30 Daily Chronicle 9 9:30 Sit n Be Fit w/Refreshments 10:00 Deliver Law Enforcement Bags 1:30 In Room Visits 2:30 Bingo Fun!	8:30 Daily Chronicle 10 9:30 Sit n Be Fit w/Refreshments 10:00-3:00 Care Plans 3:30 Adult Coloring	8:30 Daily Chronicle 11 9:30 Sit n Be Fit w/Refreshments 10:30 Balloon Toss 2:00-4:00 Movie Matinee & Snacks	8:30 Daily Chronicle 12 9:30 Sit n Be Fit w/Refreshments 10:00 Cooking Class- Fudge in a Bag 2:00-4:00 Day Spa-Hand Massages	8:30 Daily Chronicle 13 9:30 Sit n Be Fit w/Refreshments 10:30 Worship & Communion 2:00-4:00 National Hot Tea & Cookie Party	10:00 Join Marialice in the Piano Room
2:00 First Christian Church- Piano Room	8:30 Daily Chronicle 16 9:30 Sit n Be Fit w/Refreshments 10:00 Martin Luther King Trivia 1:30 In Room Visits 2:30 Bingo Fun! Martin Luther King Jr. Day	8:30 Daily Chronicle 17 9:30 Sit n Be Fit w/Refreshments 10:00-3:00 Care Plans 3:30 Adult Coloring	8:30 Daily Chronicle 18 9:30 Sit n Be Fit w/Refreshments 10:30 Sip n Paint w/Charli & Friends 2:00-4:00 Movie Matinee & Snacks	8:30 Daily Chronicle 19 9:30 Sit n Be Fit w/Refreshments 10:00 Cheese & Sparkling Wine 1:30 In Room Visits 2:30 Bingo Fun!	8:30 Daily Chronicle 20 9:30 Sit n Be Fit w/Refreshments 10:30 Worship & Communion 2:00-4:00 Movie	10:00 Hallmark Movies
10:00 Joel Osteen Ch. 11- Activity Room Chinese New Year (Year of the Rabbit)	8:30 Daily Chronicle 23 9:30 Sit n Be Fit w/Refreshments 10:00 Balloon Toss 1:30 In Room Visits 2:30 Bingo Fun! Activity Professionals Day	8:30 Daily Chronicle 24 9:30 Sit n Be Fit w/Refreshments 10:00-3:00 Care Plans 3:30 Adult Coloring	8:30 Daily Chronicle 25 9:30 Sit n Be Fit w/Refreshments 10:00 Balloon Toss 1:30 In Room Visits 3:00 Music w/LuLu	8:30 Daily Chronicle 26 9:30 Sit n Be Fit w/Refreshments 10:00 Cheese Tasting w/Sparkling Wine 2:30 Bingo Fun! Australia Day (observed)	8:30 Daily Chronicle 27 9:30 Sit n Be Fit w/Refreshments 10:30 Worship & Communion 1:30 In Room Visits 2:30 Bingo Fun!	10:00 Join Marialice in the Piano Room
10:00 Joel Osteen Ch. 11- Activity Room	8:30 Daily Chronicle 30 9:30 Sit n Be Fit w/Refreshments 10:00 Reminiscing 1:30 In Room Visits 2:30 Bingo Fun!	8:30 Daily Chronicle 31 9:30 Sit n Be Fit w/Refreshments 10:00-3:00 Care Plans 3:30 Adult Coloring	<h1>January 2023</h1> <p>Activities are subject to change without notice.</p>			